

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Crispy Chicken Sandwich Tator Tots	Choice of Pizza Leafy Green Salad	Corn Dog Baked Beans, Vegetarian	Cheese Bosco Sticks Marinara Sauce
	PB&J Grab n Go	PB&J Grab N Go	PB&J Grab N Go	PB&J Grab N Go
Daily Lunch Nutrition Requirements Grain: 1oz eq Fruit: .5c Veg: .75c M/MA: 1oz eq Milk: 1c	Fresh Fruit Bar Variety of Veggies Choice of Milk	Fresh Fruit Bar Variety of Veggies Choice of Milk	Fresh Fruit Bar Variety of Veggies Choice of Milk	Fresh Fruit Bar Variety of Veggies Choice of Milk
7	8	9	10	11
Creamy Macaroni & Cheese Whole Grain Dinner Roll PB&J Grab N Go Fresh Fruit Bar	Crispy Chicken Nuggets French Fries PB&J Grab N Go Fresh Fruit Bar	Choice of Pizza Leafy Green Salad PB&J Grab N Go Fresh Fruit Bar	Beefy Nachos with Homemade Cheese Sauce Spiced Pinto Beans PB&J Grab N Go	Cheeseburger Sliders Tator Tots PB&J Grab N Go Fresh Fruit Bar
Variety of Veggies Choice of Milk	Variety of Veggies Choice of Milk	Variety of Veggies Choice of Milk	Fresh Fruit Bar Variety of Veggies Choice of Milk	Variety of Veggies Choice of Milk
14	15	16	17	18
Crispy Chicken Tenders Baked Beans, Vegetarian Whole Grain Dinner Roll	Ham Deli Sub Sandwich Harvest Cheddar Sunchip	Choice of Pizza Leafy Green Salad		
Potato Wedges Other Vegetable Diced Peaches Fresh Pear Choice of Milk	PB&J Grab N Go Fresh Fruit Bar Variety of Veggies Choice of Milk	PB&J Grab N Go Fresh Fruit Bar Variety of Veggies Choice of Milk		
21	22	23	24	25
		Choice of Pizza Laefy Green Salad	Creamy Chicken Spaghetti Whole Grain Dinner Roll	Totchos Spiced Pinto Beans Dinner Roll
		PB&J Grab N Go	PB&J Grab N Go	PB&J Grab N Go
		Fresh Fruit Bar Variety of Veggies Choice of Milk	Fresh Fruit Bar Variety of Veggies Choice of Milk	Fresh Fruit Bar Variety of Veggies Choice of Milk
28	29	30	1	
French Toast Sticks Sausage Patty Strawberry Banana Yogurt	Hot Ham & Cheese Flatbread Corn on th Cob	Choice of Pizza Leafy Green Salad		
PB&J Grab n Go	PB&J Grab N Go Fresh Fruit Bar	PB&J Grab n Go		

PRICES

 Extra Milk
 \$.50

 Extra Entree Item
 \$1.50

 Adult Entree Item
 \$2.00

 Adult Full Lunch
 \$5.00

All students in the Zanesville City School District are eligible to receive a NO COST, daily breakfast and lunch. Students are encouraged to add funds to their accounts to purchase additional items and/or snacks. Students who bring their lunch from are still eligible to receive a NO COST meal if they are still hungry.



Your MENUS plus more information on our app Taher Food4Life*

